

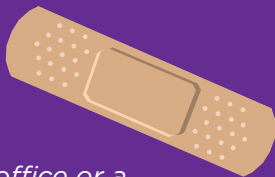


## When your child is sick or hurt, call your Medical Home.

### What is a Medical Home?

*A medical home is the one place that you take your child for all of their healthcare.*

- **Well Child Checkups**
- **Sick Visits**
- **Accidents**
- **Immunizations (shots)**



*A medical home is a doctor's office or a community clinic.*

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### Every Child Needs a Medical Home

*A medical home offers the very best care for your child. The staff knows you, your child, and your child's health history.*

**Because the staff knows your child, they can:**

- **Catch little problems before they become big problem.**
- **Give you advice and help in caring for your child.**
- **Make sure your child gets checkups, screenings, and shots to stay healthy.**
- **Tell you about helpful community programs.**

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### Your doctor can tell if you should:

- **Treat your child at home**

*Your doctor can give you instructions over the phone.*

- **Come to the doctor's office**

*The office will make an appointment for you.*

- **Or go to the Emergency Room**

*The Emergency Room is for true emergencies; times when children may lose their life or risk their health without immediate treatment. It is rare when children need to go to the Emergency Room.*

# call us first!

616.940.3168

**Call our office first for questions about your child's routine medical care, health needs and treatments, including:**

**All illnesses and injuries**

**Unresolved pain (of any site, including ear, back, muscle, abdominal, sore throat)**

**Skin disorders and rashes**

**Fever**

**Cough**

**Changes in mood, feelings of depression or anxiety**

*Your pediatrician can give you recommendations for your child's immediate care and determine if an office visit is appropriate. Many conditions can be managed over the phone or with a visit to our office. If needed, your pediatrician can direct you to an Urgent Care (for some issues including cuts and lacerations) or to the Emergency Department (needed in certain cases including severe abdominal pain, certain broken bones, significant difficulty breathing, severe mental health episodes).*



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**Your Medical Home:**

**Cascade**  
**Pediatrics** 

**(616) 940-316**

5150 Cascade Road SE  
Grand Rapids, MI 49546

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**Remember that you can call  
24 hours a day, 7 days a week.**